



Name : Dr. Anjusha.I.B

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EDUCATIONAL QUALIFICATION:

- **Bachelor of Medicine and Bachelor of Surgery. (MBBS)**
(January 2001) Medical College Trivandrum, University of Kerala, Kerala, India
- **Doctor of Medicine (M.D.) Physiology. (April 2012)**, Kasturba Medical College, Manipal, Manipal University, Karnataka, India]
- KMC Registration: KRL2013 0000566KTK

EXPERIENCE:

- Teaching experience of three yrs as **tutor** (during post graduation-April 2009 to April 2012) in the Dept of Physiology, Kasturba Medical College, Manipal, Karnataka
- Worked as Assistant Professor in the Department of Physiology, BGS Global Institute of Medical Sciences, Uttarahalli road, Kengeri, Bangalore for 6 years 10 months
- Presently working as Associate professor in the Department of Physiology, BGS Global Institute of Medical Sciences, Uttarahalli road, Kengeri, Bangalore from August 2019 till date

PRESENT RESPONSIBILITIES:

1. **Member of Medical Education Unit (MEU)** BGS Global Institute of Medical Sciences.
2. **Senior ECLS trainer (Emergency Care and Life Support)**, BGSGIMS.
3. **Accademic Co-ordinator for Allied Health Sciences (AHS)**, BGS Global Institute of Allied Health Sciences.
4. **Deputy Superintendent** for the RGUHS examination for AHS, BGS Global Institute of Allied Health Sciences.

ACHIEVEMENTS:

Received Certificate of Commendation for Emergency Care and Life Support(ECLS), from honourable Vice Chancellor, RGUHS and Jeeva Raksha Trust

PUBLICATIONS:

ONGOING PROJECTS:

Student's proposals submitted to RGUHS under Short Term Research Grant 2021

- Evaluation of trends in emotional intelligence of pre-adolescents, adolescents, and young adults

Name of the Student: - Vibha Bhat IInd Year BGS GIMS

Guide: - Dr Anjusha I B , Assc. Prof, Dept. of Physiology

PUBLICATIONS:

Have published 6 papers in various National and International Journals

1. Y.C Nalini, **Anjusha I.B**, Sonal Gaonkar. Knowledge and practice regarding menstrual hygiene and alternatives to sanitary pad among Indian undergraduate medical students: A cross - sectional study. BLDE University Journal of Health Sciences September 15, 2022, IP:240.13.138.76.
2. **Anjusha I.B**, Roopashree N, Nalini Y.C, Sonal Gaonkar. A Study on Perceived Stress Among Health Care Workers in a Medical College Hospital, Karnataka, India, During Covid-19 Pandemic. Int J Dental Med Sci Res 2021; 3(2): 462-68
3. Sonal R. Gaonkar, Nalini Y C, Nibedita Acharya, **Anjusha IB**. ABO Blood Group Distribution and its Association with Myopia among First Year Medical Students in Bangalore A Cross Sectional Study. – Interenational Journal of Contemporary Medical Research 2020.7.5.15
4. Chail R, **Anjusha I B**. Effect of short-term practice of pranayama on the autonomic functions in 1st-year MBBS students. Natl J Physiol Pharm Pharmacol 2019;9(2): 150-154
5. **Anjusha I B**, Chail R. A study on change in ejection fraction during simulated diving in humans. Natl J Physiol Pharm Pharmacol 2018;8(9):1340-1343.
6. **Anjusha I B**, Praseeda S, Rao Subba. Assessment of Cardiac Functions during Immersion of Face in Water in Humans. International Journal of Physiology 2015;3(2):82-86.

Date: 31/12/2024

Place: Bengaluru-560109, India.

Dr Anjusha. I. B